

**DIOCESE OF ARUNDEL & BRIGHTON**



*Serving the communities of our Diocese*

**DIOCESAN PASTORAL TEAM**

**ADULT FORMATION  
COURSES & RESOURCES**

**2014/15**

# ADULT FORMATION



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The aim of Adult Formation is to form adults into mature disciples of Jesus Christ. Three key areas of my work are:

- Provide Faith-Sharing materials for small groups in Advent and Lent
- Provide training opportunities for Catechists
- Consultancy work with parishes and/or deaneries, developing their own adult formation strategies

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## **AF 1      An Introduction to Catechesis**

**3-4 hours**

Intended for: New catechists or those seeking a refresher.

The session considers the following topics:

- The tasks of catechesis
- The relationship between catechesis and evangelisation
- The tools and methodologies that can be used in catechesis
- The strategies to manage the variety of faith backgrounds

The course is designed to be delivered in a single Saturday morning session or divided between two weekday evenings.

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## **AF 2      Arundel and Brighton Certificate in Catechesis**

**6 days+**

A course designed to bridge the gap between sacrament-specific catechetical training and Higher Education courses such as the CCRS.

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## **AF 3      Retreat day for Catechists**

**4-6 hours**

Intended for: New and experienced parish catechists.

An opportunity for catechists to ‘come away a while’ and deepen their own relationship with Jesus Christ both for their own sake and to be better able to lead others on this journey.

**AF 4      Developing RCIA in your parish**

2-4 hours

Intended for: RCIA catechists and clergy.

Explores how the Church proposes that we use RCIA to its fullest effect in welcoming and initiating new Catholics.

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**AF 5      Working with Parents as the first and best teachers of the Faith**

2 hours

Intended for: Reconciliation and First Holy Communion catechists.

The course examines how to remodel your parish programme so that parents become the catechists of their own children. It also introduces resources so that parishes can 'coach' parents to take up the role the Church assigns to them at the baptism of their children.

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**AF 6      Preparing for Baptism**

3-4 hours

Intended for: Baptism catechists and clergy.

Identifies the principles of catechesis that guide how we prepare parents for the baptism of their children. Includes an introduction to a programme for non-practising parents who request this sacrament.

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**AF 7      Preparing for Confirmation**

3-4 hours

Intended for: Confirmation catechists and clergy.

Identifies the principles of confirmation catechesis and considers the particular needs of teenagers in approaching this sacrament. It also offers an overview of available resources.

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**AF 8 Reaching Out / Welcoming Back Lapsed/Resting Catholics 1-2 hours**

Intended for: Parish leadership groups.

In light of our call to a new evangelisation this course explores strategies and programmes available to achieve this in your parish.

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**AF 9 A Quick Journey Through the Bible 1 day**

Intended for: Anyone with an interest in the Bible.

A course developed outside the diocese which offers an introduction to the Bible in a day or 4-8 evening sessions.

It uses DVD based material with guidance notes to deliver the course.

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**AF 10 Introduction to Family Formation 1-2 hours**

Intended for: Parish leadership groups.

The Church teaches that parents are the first and best teachers of their children in the ways of faith. This session examines a methodology for parish catechesis and sacramental preparation in which parents take the lead role with the support of catechists and others.

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**AF 11 KERYGMA Bible Retreat 2 days\***

Intended for: Parish groups, catechists, RCIA groups and others keen to explore the basic Gospel message.

*A Proclamation of the Gospel of Jesus Christ* is a Catholic Bible-based retreat which proclaims the Gospel through Scripture and the teaching of the Church. It includes questions for personal reflection, an Examination of Conscience from the Catechism, and two prayer services to renew the graces of Baptism and Confirmation. The material for this course was developed outside the diocese.

*\*Can also be delivered over 6 evenings.*

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